

2024/2025 Competitive Swim Schedule

ROC Regular Season	September 9, 2024 to June 7, 2025	See schedules below
ROC Summer Season	June 9, 2025 to July 10, 2025	Schedule TBD
Pool Practice Location	Alan Strike Aquatic and Squash Centre (ASAC)	49 Liberty St N, Bowmanville
Dryland & Weights Location	Clarington Martial Arts (CMA)	234 King St E, 2 nd Floor, Bowmanville

Junior Competitive Regular Season Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Pool Practice ASAC						7:00-10:00am Pool Practice + Waterpolo
Afternoon Pool Practice ASAC	5:30-7:00pm		5:30-7:00pm		5:30-7:00pm	
Evening Dryland CMA		6:30-7:30pm		6:30-7:30pm		

Intermediate Competitive Regular Season Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Pool Practice ASAC						7:00-10:00am Pool Practice + Waterpolo
Afternoon Pool Practice ASAC	4:00-6:00pm		5:00-7:00pm		5:00-7:00pm	
Evening Dryland CMA		6:30-7:30pm		6:30-7:30pm		

Senior Competitive Regular Season Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Pool Practice ASAC		5:30-7:00am				7:00-10:00am Pool Practice + Waterpolo
Afternoon Weights* CMA	3:00-3:45pm		3:00-3:45pm			
Afternoon Pool Practice ASAC	4:00-6:00pm	4:00-5:45pm	4:00-6:00pm		4:00-6:00pm	
Evening Dryland CMA		7:30-8:30pm*		7:30-8:30pm*		

*The weight program is for 13&overs only

*12&unders dryland is from 6:30-7:30pm

Clarington Swim Club - ROC

2024/2025 Competitive Fees Commitment Form

Custodial Parent(s)/Guardian(s) Name(s)

Swimmer Name

Junior/Int/Senior

Street Address

City

Swimmer Name

Junior/Int/Senior

Phone

Postal Code

Swimmer Name

Junior/Int/Senior

Family Email Address

Swimmer Name

Junior/Int/Senior

Competitive Swim Fees

	Junior	Intermediate	Senior
Swim Ontario fee per athlete	\$195	\$195	\$195
ROC fee per athlete (50% discount on 3 rd and 4 th child)	\$2,835	\$3,000	\$3,255
TOTAL	\$3,030	\$3,195	\$3,450

Fee Payment Calculator

1 st child total fees due	\$
2 nd child total fees due	\$
3 rd child total fees due	\$
4 th child total fees due	\$
TOTAL FAMILY CLUB FEES DUE	\$

Please Select a Payment Option

1. I agree to pay in full at time of registration.

OR

2. I agree to pay 3 equal instalments:

1 st Instalment due by September 6, 2024	\$
2 nd Instalment due by December 1, 2024	\$
3 rd Instalment due by March 1, 2025	\$

- Any other payment options must be provided in writing to, and approved by the Treasurer:
ClaringtonSwimClubTreasurer@gmail.com
- Please pay by E-transfer to ClaringtonSwimClubPayments@gmail.com, include post-dated cheques with your registration forms or by cash to the Registrar. This season we are unable to process VISA payments.
- Please contact the Registrar with any questions: ClaringtonSwimClubRegistrar@gmail.com

I/We agree to pay \$_____ this year and abide by the payment option selected and the Joining and Terminating Policy. Swim meet fees, team travel, uniform and team building activities are billed separately.

Signature of Parent/Guardian

Date

2024/2025 Joining, Terminating and Pandemic Response Policies

Joining Policy

If you join between	% of ROC fees to be paid
Sept 1 – Nov 30	100%
Dec 1 – Jan 31	80%
Feb 1 – Mar 31	60%
Apr 1 – End of season	40%

**Swim Ontario fees are required in full regardless of when you join*

Terminating Policy

- Any swimmer resigning membership with the Club must provide written notice to the Board via Secretary: ClaringtonSwimClubSecretary@gmail.com.
- If your athlete has a medical or health condition that is preventing them from completing the season, please provide the Secretary with a doctor's certificate with your letter of resignation.
- The Board of Directors will review your request prior to any refunds being issued or release being given to the swimmer.
- Swimmers will not be released if they have outstanding fees.
- Swim Ontario fees are NOT refundable.
- A swimmer may be asked to resign by the Head Coach and/or the Board of Directors if their conduct is judged to be contrary to the Codes of Conduct or contrary to the purpose of the club, provided they have had an opportunity to explain their position. All fees must be paid in full, and refunds paid in accordance with the Terminating Policy before the swimmer will be released from ROC.

COVID 19/Pandemic Response Policy

- In the event ROC must refrain from training for a 2-week quarantine period, no fee credits will apply. If in fact training is cancelled for an extended period of time, the ROC Board of Directors will review the fees and implement a refund/credit procedure.

SIGN BELOW TO CONFIRM THAT YOU HAVE READ AND UNDERSTAND THE ABOVE POLICIES.

Signature of Parent/Guardian

Date

2024/2025 Volunteer and Fundraising Commitments

Fundraising Commitments

- Each competitive swim family is required to complete **2** fundraising activities.
 1. Fall Raffle
 2. ROC 18-hour Relay
- Fundraising is necessary for the Club to meet its operational budget.
- The fundraising goal for the year is \$10,500.
- Buy-outs will be optional and outlined closer to the time of each fundraiser.

Volunteer Commitments

- Each competitive swim family is required to volunteer at **2** ROC hosted swim meets.

ROC Meet #1	November 30, 2024	12:00-6:00pm
ROC Meet #2	February 1, 2025	12:00-6:00pm
ROC Meet #3	March 29, 2025	12:00-6:00pm
ROC Meet #4	TBD (April or May)	

- Each competitive swim family is required to have one family member registered to be an Official with Swim Ontario and take the necessary courses to be on deck during the ROC hosted swim meets.
- Our goal is to profit \$6,000 from our ROC hosted swim meets.
- Other volunteer opportunities will be available throughout the season. These are not mandatory, but the more volunteers we have, the smoother and more organized it is for the swimmers:
 - Chaperone at away meets (Criminal Record Check and Vulnerable Sector Check required)
 - Clarington Cup nights as timekeepers
 - ROC 18-hour Relay – meal prep/counting laps

ROC Sponsorship Opportunities

- Corporate sponsorship is a great opportunity for the Club to increase its fundraising success and a great way for local businesses to advertise their company to local residents.
- Our goal is to bring in \$4,000 in corporate sponsorship this year.
- Check out our corporate sponsorship packages at claringtonswimclub.org
- If you know of a local business that would like the opportunity to sponsor the Club, please contact our Sponsorship Committee: claringtonswimclubsponsorship@gmail.com

SIGN BELOW TO CONFIRM THAT YOU HAVE READ AND UNDERSTAND YOUR FUNDRAISING AND VOLUNTEER COMMITMENTS.

Signature of Parent/Guardian

Date

2024/2025 Athlete Medical Information

- This information is required for team travel when your athlete is in the supervision of Coaches or chaperones.
- Please fill this out for each registered competitive swimmer in your family.

Name	Health Card #	Swimmers Date of Birth	Doctor's Name and Phone Number

- Please note any allergies (drug, food), medical concerns, health concerns or medications your athlete(s) take that Coaching staff and chaperones should be made aware of.
- If your child has an 'Anaphylaxis Emergency Plan' please provide separately and include this with your registration forms.