

ROC

Clarington Swim Club
PO Box 95, Station Main, Bowmanville, Ontario L1C 3A0
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Not for Ontario Profit Incorporation #741685

Junior Competitive - Season Information

Season Information

Season Dates – Sept 11, 2023 – July 12, 2024

Summer Session – schedule change TBD

Training Schedule

Monday – Water – 5:30-7:00pm

Tuesday – Dryland – 10&Under @ 5:30-6:30pm, 11-12yrs @ 6:30-7:30pm, 13&Over @ 7:30-8:30pm

Wednesday – Water – 5:30-7:00pm

Thursday - Dryland – 11-12yrs @ 6:30-7:30pm, 13&Over @ 7:30-8:30pm

Friday – Water – 5:30-7:00pm

Saturday – Water – 8:30-10:00am

Yoga – 10-11am

****Dryland @ Clarington Martial Arts/Yoga @ Alan Strike Aquatic Centre****

Fee Schedule

All members pay an annual \$65 registration fee (valid until July 31, 2024)

and then:

Competitive 2 - \$2700.00 annual fee

\$130 competitive registration fee

Plus family commitment to help with two fundraisers, two swim meets, officiating course.

Hosted Competitions

ROC will host 3 home meets this season. In an effort to make these meets successful racing opportunities for our club and the hosted clubs, we require all parents to be involved with officiating at some level. Information regarding qualifications and courses will be provided.