

2015 Swimming Canada FEMALE STANDARDS - West / East / CSC / Trials												
W 15&U	W 16&O	E 15&U	E 16&O	CSC's	Trials	EVENT	Trials	CSC's	E 16&O	E 15&U	W 16&O	W 15&U
LCM	LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM	SCM
28.62	28.18	28.40	27.85	27.15	27.04	50 fr	26.12	26.23	27.15	27.68	27.53	27.92
1:02.14	1:00.49	1:01.60	1:00.20	58.31	57.45	100 fr	56.32	57.16	58.82	1:00.19	59.43	1:00.54
2:14.78	2:12.17	2:14.78	2:11.47	2:06.14	2:04.96	200 fr	2:01.56	2:02.71	2:07.48	2:11.04	2:09.32	2:11.22
4:44.53	4:39.57	4:44.53	4:38.77	4:28.98	4:25.15	400 fr	4:17.43	4:21.15	4:29.23	4:36.16	4:32.79	4:36.64
9:54.47	9:54.47	9:54.47	9:43.78	9:19.00	9:11.99	800 fr	8:54.89	9:01.67	9:18.97	9:34.92	9:34.92	9:34.92
18:45.12	18:45.12	18:45.12	18:45.12	18:07.87	17:55.00	1500 fr	17:22.78	17:35.23	18:09.58	18:24.78	18:24.78	18:24.78
33.07	32.55	32.76	32.02	30.95	30.73	50 bk	29.40	29.61	30.84	31.67	31.45	31.81
1:10.24	1:09.05	1:09.71	1:08.43	1:05.55	1:04.89	100 bk	1:02.38	1:03.01	1:05.78	1:07.00	1:06.72	1:07.63
2:31.24	2:29.43	2:30.66	2:28.23	2:22.03	2:20.61	200 bk	2:14.35	2:15.71	2:21.65	2:24.49	2:23.78	2:25.43
36.65	35.77	36.45	35.77	34.26	33.90	50 br	33.00	33.24	34.82	35.63	35.01	35.63
1:20.09	1:18.21	1:20.09	1:18.21	1:14.46	1:13.40	100 br	1:11.25	1:12.28	1:15.51	1:17.52	1:16.21	1:17.52
2:51.19	2:48.22	2:51.19	2:48.22	2:42.06	2:38.96	200 br	2:33.45	2:36.44	2:43.33	2:46.02	2:43.78	2:46.02
30.62	29.97	30.44	29.78	28.84	28.62	50 fl	28.11	28.33	29.34	30.14	29.66	30.18
1:08.99	1:07.15	1:08.79	1:06.42	1:03.81	1:03.20	100 fl	1:02.12	1:02.72	1:05.02	1:07.26	1:06.35	1:07.92
2:36.73	2:33.49	2:35.29	2:31.08	2:23.02	2:21.92	200 fl	2:17.23	2:18.30	2:25.06	2:30.22	2:30.36	2:32.00
2:34.06	2:30.38	2:34.06	2:30.38	2:24.40	2:22.73	200 IM	2:17.50	2:19.12	2:25.66	2:29.31	2:26.47	2:29.31
5:25.09	5:21.79	5:25.09	5:19.49	5:06.78	5:03.82	400 IM	4:51.09	4:53.93	5:04.97	5:13.72	5:12.23	5:14.98

2015 Swimming Canada MALE STANDARDS - West / East / CSC / Trials												
W 16&U	W 17&O	E 16&U	E 17&O	CSC's	Trials	EVENT	Trials	CSC's	E 17&O	E 16&U	W 17&O	W 16&U
LCM	LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM	SCM
26.01	25.37	25.81	25.41	24.32	24.09	50 fr	23.25	23.47	24.43	24.99	24.55	25.22
57.11	54.74	56.08	55.19	52.60	52.05	100 fr	50.55	51.09	53.33	54.36	53.42	55.45
2:04.52	2:01.89	2:03.83	2:01.72	1:55.16	1:54.38	200 fr	1:50.71	1:51.54	1:56.65	1:59.00	1:57.39	2:00.04
4:23.90	4:23.90	4:23.65	4:23.65	4:06.18	4:05.43	400 fr	3:56.86	3:57.59	4:11.04	4:14.34	4:15.07	4:15.07
9:18.43	9:18.43	9:18.43	9:09.31	8:45.62	8:41.04	800 fr	8:22.47	8:26.91	8:50.55	8:50.22	8:50.22	8:50.22
17:59.02	17:59.02	17:47.00	17:47.00	16:35.66	16:32.11	1500 fr	15:52.12	15:55.54	17:01.45	17:01.45	17:05.85	17:05.85
30.08	30.10	30.08	29.71	27.95	27.90	50 bk	26.36	26.41	28.19	28.78	28.44	28.78
1:05.23	1:03.88	1:03.93	1:02.80	59.63	59.13	100 bk	56.19	56.67	59.56	1:01.08	1:00.77	1:02.18
2:21.79	2:21.79	2:20.24	2:19.52	2:10.32	2:08.84	200 bk	2:01.86	2:03.26	2:11.23	2:13.60	2:14.97	2:15.21
33.28	33.16	32.47	32.24	30.32	30.23	50 br	29.37	29.46	31.00	31.72	32.00	32.40
1:13.49	1:13.49	1:13.22	1:11.17	1:06.29	1:05.88	100 br	1:03.41	1:03.80	1:07.44	1:10.07	1:10.07	1:10.31
2:38.17	2:38.17	2:38.17	2:37.76	2:24.62	2:23.43	200 br	2:17.62	2:18.76	2:28.11	2:32.11	2:32.11	2:32.11
28.24	27.48	27.62	26.90	26.01	25.97	50 fl	25.23	25.27	26.31	27.23	26.96	27.69
1:02.54	1:01.30	1:02.21	1:00.31	56.96	56.68	100 fl	55.67	55.95	58.95	1:00.55	59.92	1:01.00
2:25.36	2:21.30	2:20.92	2:18.49	2:08.07	2:07.80	200 fl	2:03.92	2:04.18	2:12.62	2:15.47	2:16.80	2:20.00
2:21.94	2:19.20	2:19.27	2:17.76	2:11.28	2:09.89	200 IM	2:04.67	2:06.00	2:12.31	2:14.34	2:16.70	2:17.39
5:01.39	5:01.39	5:01.39	5:01.39	4:41.82	4:39.10	400 IM	4:26.59	4:29.20	4:46.93	4:49.07	4:49.07	4:49.07

West (W) = Speedo Canadian Western Open

CSC = Canadian Swimming Championships (Summer Nationals)

East (E) = Speedo Eastern Canadian Open

Trials = Canadian Swimming Trials (Pan Am / World Championships Trials)

The **Qualifying Period** for Swimming Canada meets in 2015 shall be September 1, 2013 through to the published entry deadline.

The **Entry Age** for all Swimming Canada meets shall be the Swimmer's age as of the first day of the competition.

All Swimmer's will be limited to **one Bonus Swim** regardless of events qualified for competitions listed on this standards sheet.

Qualifying standards are generated for all events. This does not presume that all events will be offered at all competitions. Where an event is not offered at a competition the entry standard for that event **cannot be used** to access other events.