

| 2015 Swimming Canada FEMALE STANDARDS - AGE GROUP CHAMPIONSHIPS |          |          |          |          |         |          |          |          |          |          |
|---|----------|----------|----------|----------|---------|----------|----------|----------|----------|----------|
| 12 & u  | 13       | 14       | 15       | 16-18    | EVENT   | 16-18    | 15       | 14       | 13       | 12 & u   |
| LCM   | LCM      | LCM      | LCM      | LCM      |         | SCM      | SCM      | SCM      | SCM      | SCM      |
| 29.50   | 28.80    | 28.40    | 28.10    | 27.60    | 50 fr   | 26.90    | 27.40    | 27.70    | 28.00    | 28.90    |
| 1:04.50   | 1:03.00  | 1:01.40  | 1:00.80  | 59.30    | 100 fr  | 57.80    | 59.30    | 1:00.10  | 1:01.60  | 1:03.10  |
| 2:20.10   | 2:16.40  | 2:12.90  | 2:11.60  | 2:08.40  | 200 fr  | 2:05.20  | 2:08.10  | 2:09.90  | 2:13.30  | 2:17.40  |
| 4:56.50   | 4:49.10  | 4:42.40  | 4:39.10  | 4:32.60  | 400 fr  | 4:25.70  | 4:31.50  | 4:34.30  | 4:40.80  | 4:51.90  |
| 10:17.20  | 9:59.10  | 9:46.50  | 9:39.70  | 9:28.50  | 800 fr  | 9:10.90  | 9:23.10  | 9:28.20  | 9:41.00  | 10:04.30 |
| 20:18.00  | 19:32.70 | 18:59.30 | 18:51.10 | 18:28.70 | 1500 fr | 18:02.10 | 18:16.60 | 18:27.30 | 19:02.10 | 19:46.60 |
| 34.70   | 33.80    | 32.90    | 32.50    | 31.80    | 50 bk   | 30.80    | 31.30    | 31.80    | 32.30    | 33.40    |
| 1:14.30   | 1:12.20  | 1:10.10  | 1:08.90  | 1:07.20  | 100 bk  | 1:05.10  | 1:06.20  | 1:07.40  | 1:09.30  | 1:11.30  |
| 2:39.50   | 2:34.70  | 2:30.90  | 2:28.60  | 2:25.00  | 200 bk  | 2:19.80  | 2:22.10  | 2:25.20  | 2:28.40  | 2:33.40  |
| 38.60   | 37.30    | 36.70    | 36.50    | 35.10    | 50 br   | 34.30    | 35.50    | 35.90    | 36.40    | 37.60    |
| 1:23.50   | 1:21.90  | 1:19.70  | 1:19.00  | 1:16.50  | 100 br  | 1:14.50  | 1:16.30  | 1:16.80  | 1:18.80  | 1:21.10  |
| 3:00.40   | 2:55.70  | 2:51.70  | 2:50.30  | 2:45.20  | 200 br  | 2:40.80  | 2:44.40  | 2:45.90  | 2:49.30  | 2:54.60  |
| 32.50   | 31.30    | 30.80    | 30.40    | 29.50    | 50 fl   | 28.90    | 30.00    | 30.40    | 31.10    | 32.10    |
| 1:13.20   | 1:10.70  | 1:08.40  | 1:07.30  | 1:05.40  | 100 fl  | 1:03.70  | 1:05.80  | 1:06.90  | 1:09.30  | 1:11.70  |
| 2:46.20   | 2:39.40  | 2:33.90  | 2:31.50  | 2:26.10  | 200 fl  | 2:21.60  | 2:27.10  | 2:29.70  | 2:34.70  | 2:40.80  |
| 2:40.20   | 2:35.60  | 2:32.00  | 2:30.20  | 2:26.20  | 200 IM  | 2:21.90  | 2:25.30  | 2:27.40  | 2:31.20  | 2:35.40  |
| 5:41.40   | 5:31.50  | 5:22.80  | 5:19.10  | 5:11.10  | 400 IM  | 5:02.30  | 5:07.90  | 5:12.70  | 5:20.30  | 5:29.80  |

| 2015 Swimming Canada MALE STANDARDS - AGE GROUP CHAMPIONSHIPS |          |          |          |          |         |          |          |          |          |          |
|---|----------|----------|----------|----------|---------|----------|----------|----------|----------|----------|
| 13 & u  | 14       | 15       | 16       | 17-18    | EVENT   | 17-18    | 16       | 15       | 14       | 13 & u   |
| LCM   | LCM      | LCM      | LCM      | LCM      |         | SCM      | SCM      | SCM      | SCM      | SCM      |
| 27.30   | 26.40    | 25.90    | 25.50    | 24.80    | 50 fr   | 24.10    | 24.70    | 25.20    | 25.60    | 26.70    |
| 59.70   | 57.80    | 56.30    | 55.20    | 53.60    | 100 fr  | 52.30    | 53.80    | 54.90    | 56.50    | 58.20    |
| 2:11.70   | 2:06.50  | 2:03.10  | 2:00.90  | 1:57.70  | 200 fr  | 1:54.00  | 1:57.00  | 1:59.40  | 2:02.60  | 2:07.90  |
| 4:41.50   | 4:30.20  | 4:24.00  | 4:18.80  | 4:12.70  | 400 fr  | 4:04.30  | 4:10.00  | 4:14.70  | 4:21.80  | 4:32.00  |
| 9:52.20   | 9:34.40  | 9:20.30  | 9:14.00  | 9:02.90  | 800 fr  | 8:40.70  | 8:49.10  | 8:56.00  | 9:09.80  | 9:30.30  |
| 18:39.50  | 18:02.40 | 17:39.50 | 17:28.70 | 17:06.70 | 1500 fr | 16:31.90 | 16:53.50 | 17:02.90 | 17:28.90 | 18:10.00 |
| 32.40   | 30.90    | 30.40    | 29.80    | 28.90    | 50 bk   | 27.50    | 28.70    | 29.10    | 29.60    | 31.20    |
| 1:09.20   | 1:06.50  | 1:04.40  | 1:03.20  | 1:01.30  | 100 bk  | 58.30    | 1:00.40  | 1:01.70  | 1:03.70  | 1:06.10  |
| 2:31.80   | 2:23.70  | 2:19.20  | 2:17.00  | 2:13.70  | 200 bk  | 2:06.80  | 2:10.90  | 2:13.50  | 2:17.50  | 2:23.40  |
| 36.00   | 34.10    | 33.60    | 33.00    | 31.70    | 50 br   | 30.80    | 32.20    | 32.70    | 33.40    | 35.20    |
| 1:18.10   | 1:15.30  | 1:13.40  | 1:11.70  | 1:09.40  | 100 br  | 1:06.40  | 1:09.10  | 1:10.50  | 1:12.40  | 1:15.30  |
| 2:50.00   | 2:44.00  | 2:40.20  | 2:37.10  | 2:32.20  | 200 br  | 2:24.60  | 2:30.50  | 2:33.60  | 2:38.00  | 2:44.50  |
| 30.00   | 28.80    | 28.10    | 27.60    | 26.80    | 50 fl   | 26.20    | 27.20    | 27.80    | 28.40    | 29.70    |
| 1:07.20   | 1:04.00  | 1:02.00  | 1:00.80  | 58.80    | 100 fl  | 57.70    | 59.60    | 1:00.80  | 1:02.80  | 1:06.10  |
| 2:32.60   | 2:26.00  | 2:20.80  | 2:17.60  | 2:13.10  | 200 fl  | 2:09.00  | 2:13.80  | 2:17.20  | 2:21.70  | 2:29.60  |
| 2:29.70   | 2:24.00  | 2:20.40  | 2:17.70  | 2:13.80  | 200 IM  | 2:09.30  | 2:13.50  | 2:15.80  | 2:19.20  | 2:25.00  |
| 5:19.20   | 5:07.90  | 5:00.30  | 4:55.80  | 4:50.20  | 400 IM  | 4:38.00  | 4:44.80  | 4:50.50  | 4:58.20  | 5:09.50  |

The **Qualifying Period** for Swimming Canada meets in 2015 shall be September 1, 2013 through to the published entry deadline.

The **Entry Age** for all Swimming Canada meets shall be the Swimmer's age as of the first day of the competition.

For CAGC's Swimmer's are limited to **one Bonus Swim** for 3 & 4 qualified swims, 0 for 5 or more.