

January - July 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9 S3 Wk1/7	10	11	12	13	14 Belleville Full team No practices	15
16 S3 Wk2/7	17	18	19	20	21	22 ROC distance and IM Full team No practices
23 S3 Wk3/7	24	25	26	27	28	29
30 S3 Wk4/7	31	1 Feb Clarington Cup #3 – full team including Novice and Fitness No SF or Masters	2 Central Region B Champs – Etobicoke qualifiers	3 Central Region B Champs – Etobicoke qualifiers	4 Central Region B Champs – Etobicoke Qualifiers LC training 10-2	5 Central Region B Champs – Etobicoke qualifiers
6 S3 Wk5/7	7	8	9	10	11 LC training 2-4	12
13 S3 Wk6/7	14	15	16	17	18 Ontario Festival Etobicoke Qualifiers LC training 2-4 No practices	19 Ontario Festival Etobicoke Qualifiers No practices
20 S3 Wk7/7 Family Day No practices	21	22	23	24 Central Region C Champs Etobicoke qualifiers	25 Central Region C Champs Etobicoke Qualifiers Durham Cup?	26 Central Region C Champs Etobicoke Qualifiers Durham Cup?
27 Session 4 Wk1/8	28	1 March	2 Ontario Provincial Champs Brantford Qualifiers Central Region A Champs – Etobicoke, qualifiers	3 Ontario Provincial Champs Brantford Qualifiers Central Region A Champs – Etobicoke, qualifiers	4 Ontario Provincial Champs Brantford Qualifiers Central Region A Champs – Etobicoke, qualifiers NORAC invitational?	5 Ontario Provincial Champs Brantford Qualifiers Central Region A Champs – Etobicoke, qualifiers ROC Masters – No Excuses No practices
6 S4 Wk2/8	7	8	9	10	11	12
13 March Break - off	14 March Break - off	15 March Break - off	16 March Break - off	17 March Break - off ROC Fundraiser LCBO raffle	18 March Break - off	19 March Break - off
20 S4 Wk3/8	21	22	23	24	25	26
27 S4 Wk4/8	28	29	30	31	1 April	2

3 S4 Wk5/8	4	5 Clarington Cup #4 – full team including Novice and Fitness No SF or Masters	6 Canadian Swimming Trials BC qualifiers	7 Canadian Swimming Trials BC qualifiers	8 Canadian Swimming Trials BC qualifiers	9 Canadian Swimming Trials BC qualifiers
10 S4 Wk6/8	11	12	13	14 Good Friday No practices	15 Easter wknd No practices	16 Easter wknd No practices
17 S4 Wk7/8 Easter wknd No practices	18	19	20 Eastern Canada Champs Etobicoke qualifiers	21 Eastern Canada Champs Etobicoke qualifiers	22 Eastern Canada Champs Etobicoke qualifiers	23 Eastern Canada Champs Etobicoke qualifiers
24 S4 Wk8/8	25	26	27	28 Ontario Team Challenge Markham Top 30 swimmers No practices	29 Ontario Team Challenge Markham Top 30 swimmers No practices	30 Ontario Team Challenge Markham Top 30 swimmers No practices
1 – May Session 5 Wk1/7	2	3	4	5	6 Maplefest	7 ROC Masters – No Regrets
8 S5 wk2/7	9	10	11	12	13 Yuk Yuks ROC Fundraiser No afternoon practice	14
15 S5 wk3/7	16	17	18	19	20 Victoria Day Wknd No practices	21 Victoria Day Wknd No practices
22 S5 wk 4/7 Victoria Day No practices	23	24	25	26	27	28
29 S5 wk 5/7	30	31 Clarington Cup #5 – full team including Novice and Fitness No SF or Masters AGM	1 - June	2	3 Pickering Last Gasp Members not going to CRLC B	4
5 S5 wk 6/7	6	7	8 CRLC B Champs Markham qualifiers	9 CRLC B Champs Markham Qualifiers	10 CRLC B Champs Markham Qualifiers	11 CRLC B Champs Markham qualifiers
12 S5 wk 7/7	13	14	15	16 No practices	17 Collingwood Full Team No practices	18 Collingwood Full Team No practices
19 Summer Schedule starts SS wk 1/5	20	21	22	23	24	25

26 SS wk 2/5	27	28	29	30	1 - July	2
3 SS wk 3/5	4	5	6 East Coast qualifier's	7 East Coast qualifiers	8 East Coast qualifiers	9 East Coast qualifiers
10 SS wk 4/5	11	12	13	14	15	16
17 SS wk 5/5	18	19	20 Last Day 2016- 2017 season	21	22	23
24	25	26 Can AG Champs qualifiers	27 Can AG Champs qualifiers	28 Can AG Champs qualifiers	29 Can AG Champs qualifiers	30 Can AG Champs qualifiers
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